BCC News!

Richard's Ramble! "It was the best of times, it was the worst of times". So opens Charles Dickens' A Tale of Two *Cities.* This paradox reflects much of life. Often when things are going well in one area of our life, they do not go so well in another area and that can cause a cloud which obscures the good. We all have much to thank God for and yet sometimes the difficulties can overwhelm us such that we live in the gloom. This is a very real challenge that many of us face from time to time and it is not always easy to move back into the light.



I am not seeking to offer any trite answers here. Emotions are fickle things that cannot always be controlled. They can often seem more real than the truth, or can make the problems and issues seem bigger than the good things in our lives. So what can we do about them? As I said, there are no easy answers but here is a list of suggestions. 1. Give the issue to God. He is willing to help and to carry our burdens. 2. Speak truth. Remind yourself of the positive things God has done in your life. 3. Give thanks, not for the issue,

but for the goodness of God towards you. 4. Pray. Pray for into it. 5. Praise. Praise can often lift our spirits and enable us

the situation and invite God into it. 5. Praise. Praise can often lift our spirits and enable us to rise above the circumstances. 6. Talk. Often talking to someone and knowing that they are standing with us can help. 7. Keep going. When we are on a difficult road, sometimes the only way out of it is to keep putting one foot in front of the other. God bless, *Richard*.





Monday Afternoon Prayer Group.

I really value going every other Monday afternoon to the prayer group which takes place at the church office. I find it so hard to have regular, "quality" quiet times in which I can put other distractions aside to enjoy being with God. It helps me to have this definite regular slot in my diary where I spend a full hour praying and listening to God. When we first arrive, there are prayer stations all around the room with resources which help us to focus on different scriptures or topics to pray about quietly on our own. Later, we grab cushions and get comfortable to listen to a guided meditation. I've found the Christian meditations really useful for helping me to meet with God in prayer. Towards the end of the session, we join as a group to chat, and we often pray for each other before closing. It's a small, friendly group and a good opportunity to meet and pray with people who do not usually come along to church.

| PRAYER | | | |
|---------------|--|--|--|
| is when you | | | |
| talk to GOD, | | | |
| MEDITATION | | | |
| is when GOD | | | |
| talks to you. | | | |

For up to date information and dates visit: <u>www.beverleycommunitychurch.org</u> November 2016 Edition Produced by – Carolyn Bradbury



WHAT'S ON AT BCC IN NOVEMBER?

| Tue 1 Nov | 18:30 – 19:30 19:00 – 21:30 | Lindum House - Residential Home Decorating Foodbank - Foodbank, Mill Lane Difference Courses Varians heatings 7 |
|------------|--------------------------------|---|
| | 20:00 - 22:00 | Home Groups - Various locations |
| Thu 3 Nov | 19:30 – 21:30 | Re:Discovery Course |
| Fri 4 Nov | 10:00 - 12:00 | Ladies Bible Study - BCC Offices |
| | 10:15 – 11:30 20:00 – 22:00 | Men & Coffee - Cross Keys. Beverley Purpose Driven Pint - The Monks Walk |
| Sat 5 Nov | 22:00 - 03:00 | Beverley Street Angels - BCC Offices |
| | | |
| Sun 6 Nov | 09:30 – 10:30 10:30 – 12:30 | BCC Breakfast - M Hall - before Service Sunday Meeting - Beverley Memorial Hall |
| | 18:30 - 19:30 | ⊕ Prayer Meeting - BCC Offices □ |
| | 19:45 – 21:15 | ⊕ Sunday Night Live - Youth - BCC Offices ⊠ |
| Mon 7 Nov | 09:00 - 10:00 | Parenting Drop-in (before O&L's) - Pavilion |
| | 10:00 - 11:30 | 🗄 Oranges & Lemons - Molescroft Pavilion 🗖 |
| | 13:30 - 15:00 | Art Group - BCC offices |
| | 17:00 – 18:30 | ⊞ 16-21s - BCC Offices □ |
| Tue 8 Nov | 20:00 - 22:00 | Home Groups - Various locations |
| Thu 10 Nov | 19:30 - 21:30 | Be:Discovery Course □ |
| Fri 11 Nov | 10:00 - 12:00 | |
| | 10:15 - 11:30 | ⊞ Men & Coffee - Cross Keys. Beverley □ |
| Sun 13 Nov | 10:30 - 12:30 | 🗄 Sunday Meeting - Beverley Memorial Hall 🗉 |
| | 18:30 - 19:30 | Prayer Meeting - BCC Offices |
| | 19:45 – 21:15 | Sunday Night Live - Youth - BCC Offices |
| Mon 14 Nov | 10:00 - 11:30 | 🗄 Oranges & Lemons - Molescroft Pavilion 🗖 |
| | 13:30 - 15:00 | Prayer & Meditation - BCC offices Ø |
| | 20:00 - 21:30 | BCC Wider Leadership Meeting - BCC Office |
| Tue 15 Nov | 20:00 - 22:00 | Home Groups - Various locations □ |
| Fri 18 Nov | 19:30 – 20:30 | Prayer Focus Group - The Chubbs! |
| | 10:00 - 12:00 | Ladies Bible Study - BCC Offices |
| | 10:15 - 11:30 | Men & Coffee - Cross Keys. Beverley |
| | 20:00 - 22:00 | Purpose Driven Pint - The Monks Walk |
| Sat 19 Nov | 22:00 - 03:00 | Beverley Street Angels - BCC Offices |
| Sun 20 Nov | 10:30 - 12:30 | 🗄 Sunday Meeting - Beverley Memorial Hall 🗉 |
| | 18:30 - 19:30 | Prayer Meeting - BCC Offices |
| | 19:45 – 21:15 | Sunday Night Live - Youth - BCC Offices |
| Mon 21 Nov | 10:00 - 11:30 | Oranges & Lemons - Molescroft Pavilion |
| | 13:30 - 15:00 | Art Group - BCC offices |
| | 17:00 - 18:30 | H 16-21s - BCC Offices □ |
| Tue 22 Nov | 20:00 - 22:00 | |
| Fri 25 Nov | 10:00 - 12:00 | Ladies Bible Study - BCC Offices |
| | 10:15 - 11:30 | 🗄 Men & Coffee - Cross Keys. Beverley 🗖 |
| Sat 26 Nov | 10:00 - 15:00 | ⊕ Basileia Bible School |
| | 22:00 - 03:00 | Beverley Street Angels - BCC Offices |
| Sun 27 Nov | 10:30 - 12:30 | Sunday Meeting - Beverley Memorial Hall |
| | 18:30 - 19:30 | |
| | 19:45 – 21:15 | Sunday Night Live - Youth - BCC Offices |
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LEEDS, BRAMHAM PARK SAT 24TH JUNE 2017 - 12K

Total warrior is a 12K course with 25-30 punishing obstacles designed alongside ex-military personnel, you get the ultimate test of strength, stamina, mental determination and team work. Success is about survival and not speed, so forget about breaking records and bring everything you have to cross the finish line and become a Total Warrior! Be prepared for mud, hills, water, fire, more mud and ice as we put you through our gruelling 12K course. Not everyone will finish, but those who do will be greeted with a victory beer...and maybe even a hose pipe to clean up, if you're lucky! Sounds fun doesn't it. If you would like to enter as part of

a BCC team please let Angie know. Application for team entry is this month. It costs £62.50 for individuals, but may be a bit less if we enter a team. Money needed by 20 Nov so we can enter but you may be able to add yourself later.



Christingle Carol Service Sunday 18th Dec. 10:30am **Beverley Memorial Hall.** Let's celebrate together!

THERE'S MORE!

| Mon 28 Nov | 10:00 - 11:30 | ⊕ Oranges & Lemons - Molescroft Pavilion | | | |
|------------|---------------|--|--|--|--|
| | 13:30 - 15:00 | Prayer & Meditation - BCC offices Ø | | | |
| | 20:00 - 21:00 | Worship team meeting - BCC offices | | | |
| Tue 29 Nov | 20:00 - 22:00 | Home Groups - Various locations | | | |

Want to be part of a group or volunteer for an activity or make suggestions for the BCC News content? You can, by speaking to one of the leaders, by email: <u>info@beverleycommunitychurch.org</u>, by visiting our website: www.beverleycommunitychurch.org or the Church Offices: 49a Saturday Market Beverley. HU17 8AA.

