



Richards Ramble:

As one grows older, one becomes ever more aware of one's mortality. I do not wish to be morbid here but physically one finds that things don't function as well as they used to: the back gets stiff, the energy levels drop, etc.

Dylan Thomas wrote, *Do not go gentle into that good night, Old age should burn and rave at close of day; Rage, rage against the dying of the light.* In other words, whilst this process is inevitable, we should not just give in to it. Our energies should be used to the maximum extent possible to keep ourselves active and contributing to the world around us. The alternative is to sit down and acquiesce to that which is inevitable. To quote *King Lear*, 'That way madness lies'

As long as we have life within us, we should seek to live it and to glorify God as we do so. This is for our own sake, for the sake of our family, and for the sake of the Kingdom. God bless. **Richard**

September to December Thursday afternoon arts and crafts

26 September, 17 October, 31 October, 28 November, 12 December.
2-4 p.m at BCC offices. If you would like to join us but can not access the offices please speak to me and let me know what venue would be suitable instead
Bring your own arts and crafts. There may be sessions where we agree to all make the same thing but will see how it goes.
Please let me know if you are interested - because if no one books in I am likely to fill the afternoon with something else. **Angie**

Monday Allotment Club

A club for anyone who would like to spend time on an allotment on a Monday. You are welcome to

- have a small plot where you can grow whatever you would like (no pesticides)
- help on the rest of the allotment - watering, weeding, planting
- just come and be with us
- come every week or just from time to time.

I am thinking of being there in a morning on a Monday 10-12 - and taking a flask and a sandwich - we can then go to sit at the pond on another part of the allotments to enjoy the refreshments. I may be there in an afternoon too. I also think an evening slot most Mondays. And having a bbq lit one of these so people can bring food the throw on and eat. Friends are welcome, including dogs.

Calendar

September 2024 - register your interest with Angie and come to visit the allotment if you would like.

October - December - time to plan and ask Santa for a trowel if you need one.

Early 2025 - plant seeds at home (or wait and buy small plants).

March/April - weather dependant until September 2025 the Monday allotment club will be fully up and running.

This is at the initial planning stage so please speak to me if you are interested, even if day and time does not work for you. Suggestions welcome as are donations of spades, watering cans, trowels, garden chairs. **Angie**



Save the date!!!! Saturday 12th October

Bishop Burton Village Hall
Chosen Women will enjoy a delicious breakfast and inspiring talk!!
Men Alive will enjoy fellowship over lunch. More details to follow.

The Oasis - Tuesday 24 September 7.30-9.00 @ St Leonard's Church, Molescroft
Celebrating Jesus.

7.30-8.00 refreshments

8.00-8.45 reflective prayer and worship - a time to enjoy Jesus

Speak to **Angie** for more details.

BEVERLEY Community Church

BARN DANCE

DUST OFF YOUR DANCING BOOTS!

FRIDAY 27TH SEPT. 2024 @ 7PM
BEVERLEY MEMORIAL HALL. HU17 8HN

With the live band
'The Shamrock Experience'
calling the moves!
Hot Dogs/Burgers, a bar, & fun.

This fundraising event is FREE, but tickets are required to allow room for dancing for catering.

Please see Carolyn for tickets (and dietary requirements) or to request ticket reservation, email: carolynb@beverleycommunitychurch.org

For information on this and further events, visit our website: www.beverleycommunitychurch.org

Advance Notice: A visit by Springs Dance

Sunday 15th September

It is some time since we last hosted a performance by Springs Dance and we are delighted to be part of the first touring programme for their exciting, new production 'A time to Mourn, a time to Dance'

This is an hour-long double bill performed in the round, offering the audience an opportunity to reflect on grief, human connection and joy and is ultimately a celebration of life.

Sunday 15th September - Beverley Memorial Hall

Doors open 7pm for 7:30pm start

For further details contact: Peter Spencer
peters@beverleycommunitychurch.org
07971 831599

September at a glance

Sun	1st	10.30 Slow Cooker Sunday 18.00 Prayer Meeting Online - see Peter S for link (45mins)
Mon	2nd	14.00 Lindum House Outreach
Tue	3rd	19.00 Homegroups
Fri	6th	9.30 Men & Coffee @Cafe V 10.30 LBS meet for coffee @ Browns
Sun	8th	10.30 BCC Service 18.00 Prayer Meeting Online - see Peter S for link (45mins)
Mon	9th	10.30 Oranges & Lemons 14.00 Figham House Outreach 18.30 Chosen Women planning meeting 19.30 Wider Leaders' Meeting
Tue	10th	19.00 Homegroups
Fri	13th	9.30 Men & Coffee @Cafe V 10.00 LBS meet @ Armstrongs
Sun	15th	10.30 BCC Service 19.00 Springs Dance Co
Mon	16th	10.30 Oranges & Lemons
Tue	17th	19.00 Homegroups
Fri	20th	9.30 Men & Coffee @Cafe V 10.00 LBS meet @ Armstrongs
Sun	22nd	10.30 BCC Service 18.00 Prayer Meeting Online - see Peter S for link (45mins)
Mon	23rd	10.30 Oranges & Lemons
Tue	24th	19.00 Homegroups 19.30 The Oasis @ St Leonard's Church
Thu	26th	14.00 Arts & Crafts @ Church Offices
Fri	27th	9.30 Men & Coffee @Cafe V 10.00 LBS meet @ Armstrongs 19.00 Barn Dance Event
Sat	28th	11.00 Up Hill Down Ale Walking Group
Sun	29th	10.00 Wellbeing stall @ back of church 10.30 BCC Service 18.00 Prayer Meeting Online - see Peter S for link (45mins)



Mercy Ships Madagascar 2024 – The Patient Journey

Think of a time when you needed medical assistance. How long did you have to wait? How far did you have to travel? How much did you have to pay for your medical care?

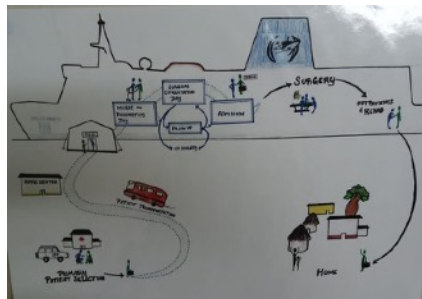
In Madagascar few people have easy access to affordable medical care within their local communities. From leaving Cherry Burton to walking onboard Africa

Mercy (AFM) on the east coast of Madagascar took me 3 days. Many of those receiving medical care onboard had similar journey times but travelled only a few hundred kilometres from their homes.

The multi-national volunteer crew that live and work on AFM enable selected patients to receive safe, free medical care. They are supported in this work by a team of locally employed Day Crew.

Before the ship arrives in port, experienced patient-selection teams hold in-country clinics to assess medical problems and select those who can be helped by the specialist orthopaedic, maxillofacial, eye and plastic surgeons.

Prospective patients are then brought to stay at an outpatient facility called the HOPE (Hospital Out Patient Extension) Centre that is established close to where the ship is berthed. During the field service it acts as a crucial part of the medical work, offering a safe, secure, hygienic environment where patients come before their operations on the ship, and afterwards to convalesce. Without this facility, patients who travel from far outside the port city would have nowhere to stay. It becomes a home away from home, and a sense of community is formed among the patients and caregivers.



Diagnostic medical assessments including blood tests, x rays and CT scans are carried out onboard before patients meet with the surgeons who decide what, if any, surgery can be provided safely.

A team of dieticians provides nutritional care prior to surgery for those patients who are malnourished, enabling better surgical outcomes. At the HOPE Centre patients and their caregivers are provided with accommodation and all they need for daily living. Meals are prepared for them and each patient

has their own bed, a towel, bath soap, linens, pillows and a mosquito net for their beds along with board games, cards, colouring supplies and puzzles.

All surgery takes place in the dedicated operating theatres onboard. Surgical Teams work long hours with many procedures taking over 10 hours to complete. Patients are admitted to the ward before surgery and stay in the wards until they are fit enough to return to the HOPE Centre.

Post-surgical care including wound care, physiotherapy and occupational therapy is provided by the Rehab teams initially on the wards and later as outpatients in the dockside clinics. Often patients have daily appointments and travel in from the local HOPE Centre.

When fit enough patients are discharged. The transport team enable them to return home. No longer afflicted by the severe medical problems that caused them to be shunned and ostracised by their local communities they build new lives with their families and communities, transformed by the work of Mercy Ships.

Janette

